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Pre-Operative Hair Transplant Instructions

On the day of your procedure, shampoo and rinse your hair well. **DO NOT** use any conditioner or hairspray. Wear comfortable clothing - a shirt or blouse that buttons down the front (no T-shirts or pullover tops). Ladies may want to bring a scarf to cover the surgical hat before departing the office.

1. **NO ASPIRIN, Aspirin-containing compounds or non-steroidal analgesics 14 days prior to your transplant. No Ibuprofen (Motrin or Advil). No anti-coagulant for 72 hours.** Check with your private M.D. and get permission if on anti-coagulant therapy. Tylenol (Acetaminophen) is ok. **No Vitamin E for 72 hours. Echinacea, Ephedra, Garlic, Gingko Biloba, Ginseng, Kava, St. John's Wort and Valerian must be stopped before procedure.**
2. **If you are taking high blood pressure medication, make sure to take it the morning of your procedure.**
3. Cardiac patients must have a written consent from your Internist or Cardiologist.
4. **All patients (both male and female) are encouraged to use 5% Minoxidil 2 weeks prior to your transplant to prevent "Telogen Effluvium".**
5. DO NOT get your hair cut 4 weeks prior to your transplant for donor area coverage. You may, however, color or perm your hair prior to your transplant.
6. **ABSOLUTELY NO alcohol or narcotic/hallucinogenic consumption (Marijuana) within 72 hours prior to or 72 hours after your transplant.**
7. DO NOT schedule any major dental surgery until 72 hours after your hair transplant.
8. You must have a driver if sedatives are given pre-operatively. We cannot accept responsibility for post-operative driving.
9. **Eat a meal 2-3 hours prior to your appointment time.** Non-alcoholic fluids are acceptable anytime.
10. If you wear a hairpiece, you will not be able to wear it for at least 3 days after your procedure and other restrictions may apply.
11. Please arrive ½ hour early to your scheduled appointment.
12. **A \$500.00 DEPOSIT IS NOW REQUIRED FOR SURGICAL APPOINTMENTS. PAYMENT MUST BE RECEIVED 2 WEEKS PRIOR TO SCHEDULED APPOINTMENT OR IT WILL BE CANCELLED. PLEASE CALL US WITH PAYMENT INFORMATION.**
13. ***IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT, KINDLY GIVE US 7 DAYS NOTICE OR THERE WILL BE A CANCELLATION FEE OF \$500.**

***PLEASE NOTE:** Appointments made within 7 days are locked in. The cancellation fee will apply if you fail to show up for your appointment, unless procedure depends on the same day consultation.